

# MISSION & GOALS TEMPLATE

## Instructions for Goals Template:

1. Using the template below create a document using the application of your choice or handwrite in a journal.
2. Revisit your mission for the year and goals at the end of each month. (*Do this weekly or bi-weekly if you prefer.*)
3. Contact accountability partners and send them a copy of the goal they are supposed to be helping you achieve.
4. Modify goals after 3-6 months, if needed depending on life circumstances. (Do not give up, push yourself, have faith, but don't be rigid or legalistic, sometimes life just happens!)

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## (YOUR NAME) Personal Vision & Goals for 2023

## **START WITH VISION & MISSION**

### Write out a Life Vision Statement

When putting together a life vision statement start by answering questions like these:

1. What is your vision for your life? What do you see as the overall mission of your work life, work, and relationships?
2. What do you believe through prayer, meditation and experience God has created you to do?
3. What types of things have others who have worked with you, raised you, been in relationship with you pointed out that you are passionate about?

**DISCLAIMER:** Your life vision statement does not have to be tied to your vocation/job, etc. Think about your underlying pure motivations in different seasons of life. There will typically be a recurring theme.

*\*Clarrissa's Example:* My life vision is to see myself and those that I meet radically changed by a relationship with Jesus Christ; to see people living free lives, full of purpose and love, all for the Glory of God.

## A word or phrase for 2023

When searching for your word or phrase for the year consider this:

1. What has God been repeating to you in your time of bible reading or meditation?
2. What do you believe God is trying to teach you in this season of your life?
3. What word or phrase embodies a characteristic or attribute that you would like to grow in or learn more about this year?

\*Visit Jon Gordon's [One Word page](#) for more resources.

*Clarrissa's Example: "NOTHING"*

## Scriptures for 2023 (Choose 3-4 verses or sections of verses from the Bible.)

When choosing verses consider:

- Which verse or verses could you memorize and meditate on to help move your thoughts in the right direction in this season?
- If your word for the year is contained in any scripture use some of these verses to guide your memorization and meditation. (Use an online bible dictionary or app, a concordance, or the glossary in the back of your Bible to search for verses.)

*\*Clarrissa's Examples:*

*For nothing will be impossible with God." So Mary said, "Yes, I am a servant of the Lord; let this happen to me according to your word." **Luke 1:37-38 (NET)***

*Abide in me, and I in you. As the branch cannot bear fruit by itself, unless it abides in the vine, neither can you, unless you abide in me. <sup>5</sup> I am the vine; you are the branches. Whoever abides in me and I in him, he it is that bears much fruit, for apart from me you can do nothing. **John 15:4-5 ESV***

*The LORD is my shepherd, I lack nothing. **Psalms 23:1 NIV***

## Mission Statement for 2023

At the end of the year:

- What would you like to have accomplished?
- How do you want to be different?
- **Who do you want to be?**

Write out your mission for the year in a sentence or two.

*\*Clarrissa's Example: To live an excuse-less life with a deeper dependency on Jesus.*

## **2023 GOALS (Write out 3-5 goals)**

**Start with a specific Goal** (*set the bar high, but don't lose your mind, if you're not a billionaire at the beginning of the year, don't expect to be a billionaire by the end of next year*) and include Due Date in the description.

**Include the following under each specific goal:**

- **Purpose of Goal.**

Decide the following to help you write out your goal's purpose:

- What's the purpose of this goal? How will it help you grow? What service will it provide? How does it bring you closer to living out your mission?
- What will the goal improve? Health, Finances, Relationships, Knowledge, etc.

- **Plans to Accomplish the Goal.**

- How will this goal get completed? Be specific with timelines and benchmark dates.

- **Person(s) to Hold You Accountable.**

- Who will help you to accomplish this goal? Who will you share your goal with?
  - Email them the goal and set up check-ins.

*\*Clarrissa's Goal Example: **Keep a daily log/journal. (Jan 1 - Dec 31)***

***Purpose of Goal:*** *To grow in knowledge & wisdom, make gratitude a daily practice, and to recognize if I am holding an offense against anyone—to become better at forgiving others quickly & completely.*

***PLANS TO ACCOMPLISH:***

- 1. Purchase big, sturdy lined journal by December 28, 2022.*
- 2. Add reminders into the calendar and Google Home for 10:00pm, every night.*
  - Write down 2 things I learned.*
  - Write down 2 things I'm grateful for.*
  - One person I forgave or asked for forgiveness, if any.*
  - Write a small prayer/note to God.*
- 3. Report progress (how many days of journaling per month) to accountability partners on the last day of each month.*

**Persons to hold me accountable: My Sister & My Small Group Leader**

## **SELF ASSESSMENT**

**When doing a self-assessment, always take some time to pray and look back at the past year. Spend time in asking God and yourself some honest questions like:**

- In what ways have I grown in the past year?
- In what areas of life have I been consistently missing the mark?
- What do I spend time doing that keeps me from doing the things that matter?

**Then begin to work on your self-assessment.**

**Include the following in your self-assessment:**

1. **THINGS I AM DOING WELL** - Write down 2-4 things you are doing well both personally and professionally.
2. **THINGS I CAN IMPROVE UPON** - Write down areas that can be improved upon in your life, things that affect your vision, mission, and relationships.
3. **OBSTACLES TO MY SUCCESS** - Obstacles could include:
  1. Negative or toxic attitudes toward life or people. (A few examples: Judgmentalism, Pessimism, Prejudice, Cynicism, Perfectionism)
  2. Secret Rules or Limiting Beliefs. (Think of any internal “rules” you have set up for your life that keep you from becoming the person you want to be and accomplishing your goals.)
    - Listen for phrases that start with: “I always” or “I never” or “People always” or “people never”
    - To discover your “secret rules” read the book *Finish* by Jon Acuff.
  3. Habits
    - What will you have to stop or limit to complete your goals this year?

**DISCLAIMER:** *Even though this is intended to be a self-assessment, if you find this particularly difficult, enlist the help of a trusted friend or family member. Depending on your personality, it may be hard for you to work through these on your own. **But try to work through it by yourself first!***

**(YOUR NAME)**  
**Personal Vision & Goals for 2023**

**My Life Vision Statement**

**My word or phrase for 2023**

**My Scriptures for 2023**

**My Mission Statement for 2023**

**2023 GOALS (Write out 3-5 goals)**

**SELF ASSESSMENT**

**THINGS I AM DOING WELL**

- I am doing these things well:

**THINGS I CAN IMPROVE UPON**

- This year, I could improve upon:

**OBSTACLES TO MY SUCCESS - Obstacles could include:**

- My Negative or toxic attitudes toward life or people:
- My Secret Rules or Limiting Beliefs:
- My Habits that keep me from succeeding: