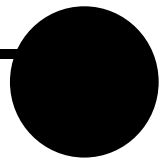


CIRCLE CHECK



How to work through this worksheet:

- ✓ Print this out and write in your answers or use a journal or notebook.
- ✓ Take the time to write out honest answers to each one of these questions. (Don't rush.)
- ✓ Look at the photos on your phone and social media pages to help you answer these questions.
- ✓ Take a day for each question or work through it all in one sitting.
- ✓ Revisit your answers in a month and work through the questions, again.

+Are the majority of your **close** friends from the same ethnicity, socioeconomic class, and political party? If yes, why?

+When you take a family, vacation, or dinner party photo are all of the skin tones basically the same? If yes, why?

+Do you find yourself saying things like: I have black friends. I have white friends. I know some Asian people. If yes, why do you speak this way?

+Do you feel uncomfortable having a person that is not the same ethnicity as you in your home? In your car? Around your children? In your life? If yes to any of these, why do you think that is?

+If you were to bring up the topic of racism or racial reconciliation do you believe you could have a constructive conversation with your close friends? If yes, when is the last time you discussed this topic? If no, why do you think that is?

TAKE ACTION

- If you're married, talk to your spouse about the people in your circle, why is it the way it is? Is there some underlying racism or prejudice in your family? (Work through the "Heart Check" worksheet, if you haven't already.)
- Talk with the people in your circle, ask hard questions like the ones you have just worked through, be ready for some hard and uncomfortable answers.
- Invite someone from a different ethnicity to coffee or dinner, ask them questions about their life and experience. (Don't become defensive or respond to everything they say, just listen.)
- If you are a Christian, think about the place that you worship. Is your church community diverse? (Ethnicities, political parties, etc.) If not, examine why you worship in that community. *How can you help to bring a change?*